

ARIMA RACE CLUB
WORKOUTS - SUNDAY AUGUST 16TH 2026

TRACK CONDITIONS

MAIN: FAST
TURF: (NONE)

HORSE NAMES IN **BOLD BLUE** ARE 2 Y.O.

HORSE NAMES IN **BOLD RED** ARE 3 Y.O.

HORSE NAME	DETAILS	DISTANCE	TIME	COMMENTS
LAST QUARTER	GOOD	400M	24.30	GATES
SUPERNOVA	PACING	400M	29.94	
SOCA MONARCH	PACING	400M	29.98	
EL CHICO MALO (USA)	GOOD	600M	35.71	
CROWN PRINCE	GOOD	600M	36.44	
THE GODDESS NIKE (USA)	GOOD	600M	36.92	
CAPITAL TEE	GOOD	600M	37.05	GATES
POWER HOUSE	GOOD	600M	37.50	
UNCLE BEN	GOOD	600M	38.41	
STRIKING CHROME (USA)	HANDILY	600M	39.81	
PARDY	HANDILY	600M	42.22	
LADY HEADLINER	PACING	600M	44.87	WORKED TOGETHER
Ex. SENTEBALE	PACING	600M	44.87	FINISHED UPSIDES EACH OTHER
HEADLINER	GOOD	800M	49.65	
CRYSTAL ALERT	HANDILY	800M	53.56	WORKED TOGETHER
ST OMER	HANDILY	800M	53.56	FINISHED UPSIDES EACH OTHER
JUST ISA BELLA	PACING	800M	56.51	
SOCA ECSTACY	PACING	800M	58.25	
JUST MY KONKEES	PACING	800M	58.41	
HELLO WORLD	GOOD	1000M	1.04.75	
DREAM MAKER	HANDILY	1000M	1.05.50	
PRINCESS VENUS	HANDILY	1000M	1.05.60	WORKED TOGETHER
FREE PASS	HANDILY	1000M	1.05.60	FINISHED UPSIDES EACH OTHER
MARMALADE	HANDILY	1000M	1.07.00	WORKED TOGETHER
UNCLE ROG	HANDILY	1000M	1.07.00	MARMALADE & UNCLE ROG
TOWER OF POWER	HANDILY	1000M	1.07.00	BETTER.
VALIANTE	HANDILY	1000M	1.08.34	
STOCK BROKER	PACING	1000M	1.13.50	
SWEET BIRD	PACING	1000M	1.14.98	

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HORSE NAME	HORSES ON TRACK - SLOW WORK
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